# **RESEARCH PAPER**

# Gene expression profiles in human HepG2 cells treated with extracts of the *Tamarindus indica* fruit pulp

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Abstract Tamarindus indica L. (T. indica) or locally known as asam jawa belongs to the family of Leguminosae. The fruit pulp had been reported to have antioxidant activities and possess hypolipidaemic effects. In this study, we attempted to investigate the gene expression patterns in human hepatoma HepG2 cell line in response to treatment with low concentration of the fruit pulp extracts. Microarray analysis using Affymetrix Human Genome 1.0 S.T arrays was used in the study. Microarray data were validated using semi-quantitative RT-PCR and real-time RT-PCR. Amongst the significantly up-regulated genes were those that code for the metallothioneins (MT1M, MT1F, MT1X) and glutathione S-transferases (GSTA1, GSTA2, GST02) that are involved in stress response. APOA4, APOA5, ABCG5 and MTTP genes were also significantly regulated that could be linked to hypolipidaemic activities of the T. indica fruit pulp.

**Keywords** *Tamarindus indica* fruit pulp · Gene expression · Microarray analysis · RT–PCR · HepG2 cells

#### Introduction

Plants and herbs have been used for years traditionally as food and for various medicinal purposes. Many of these plants are excellent sources for polyphenols that are potent antioxidant compounds which exhibit a wide range of biological effects as consequences of their antioxidant properties [7, 21]. *Tamarindus indica L. (T. indica)* or

N. Razali · A. A. Aziz · S. M. Junit (⊠) Department of Molecular Medicine, Faculty of Medicine, University of Malaya, 50603 Kuala Lumpur, Malaysia e-mail: sarni@um.edu.my locally known as asam jawa belongs to the family Leguminosae and grows naturally in many tropical and subtropical regions. Various parts of the plants are used as food components and in herbal medicine. The T. indica fruits have irregular curved pods. When ripe, the pods are filled with brown or reddish-brown pulp that coats the seeds. The pulp has a sweet/sour taste and is widely used as flavouring in cooking. There are wide differences in fruit size and flavour in seedling trees. The Indian types have longer pods with 6-12 seeds, while the West Indian types have shorter pods, containing only 3-6 seeds. The pulp is believed to be rich in vitamins and minerals such as niacin and calcium, respectively [27]. The T. indica fruit pulp is commonly used in traditional medicine including as a digestive, laxative, expectorant and an antipyretic agent. Biochemical analysis in support of the beneficial effects of the T. indica fruit pulp extracts includes a study by Martinello et al. [26] who showed that the T. indica fruit extracts were able to decrease the levels of serum cholesterol and triglycerides in hypercholesterolaemic hamsters. The T. indica fruit pulps have also been shown to contain phenolic antioxidants such as epicatechins [44] that were able to inhibit low-density lipoprotein (LDL) oxidation in vitro [45]. Chan et al. [9] had shown that epicatechins from jasmine green tea were able to reduce serum levels of TG, and cholesterol in hamsters fed a high-fat diet, but the hypolipidaemic effects were not through the inhibition of liver HMGCoA reductase or intestinal ACAT. They further postulated that the observed hypolipidaemic effects of epicatechins were probably associated with the inhibition of absorption of dietary fat, cholesterol or reabsorption of bile acids [9]. Another group of researchers, Landi Librandi et al. [22], reported that the fruit pulp extract was able to modulate the activity of the complement system when tested both in vitro and in vivo. Scientific data based on molecular analysis to support the beneficial effects of the pulp extracts are, however, still lacking. Therefore, in this study, we decided to analyse the global gene expression in response to low concentration of the fruit pulp extracts of *T. indica* in HepG2 cell line, a widely used in vitro model for human liver hepatocytes.

#### Materials and methods

# Preparation of T. indica fruit pulp extracts

Whole, ripe *T. indica* fruits were collected from Kedah in the northern region of Malaysia. The voucher specimen of the sample with an identification number, KLU 45976, was deposited in the Rimba Ilmu Herbarium, the University of Malaya. The fruit pulp extracts were prepared as previously described by Razali et al. [37]. Briefly, the fruit pulp was separated from the seeds, air-dried and then powdered. The powdered *T. indica* fruit pulp (2.5 g) was then placed in a conical flask and soaked in 50 ml methanol at room temperature for 24 h. The resulting extracts were then filtered, roto-evaporated and redissolved in 10% DMSO. The samples were kept at  $-20^{\circ}$ C until further analysis.

#### Cell culture

The human hepatoma cell line HepG2 (ATCC, Manassas, VA, USA) was grown in Dulbecco's modified Eagle's medium (DMEM) supplemented with 10% foetal bovine serum (Flowlab, Australia), 1% penicillin (Flowlab, Australia) and 1% streptomycin (Flowlab, Australia). Cells were maintained in humidified air with 5% CO<sub>2</sub> at 37°C.

#### Cell viability assay

A cell viability assay was carried out using 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) as described by Mosmann [28], with minor modifications. Briefly, HepG2 cells at a density of 5,000 cells per well were seeded in a 96-well ELISA microplate. The cells were incubated at 37°C in 5% CO<sub>2</sub> for 24 h. After 24 h, the pulp extracts, at various concentrations (100-9,000 µg/ml), were added into the wells. The cells were left to grow in the incubator for 48 h. After 48 h, MTT reagent (Merck) was added, and the mixture was further incubated for 4 h. Next, the mixture in each well was removed, and formazan crystals formed were dissolved in 10 µl of 75% isopropanol. Spectrophotometric measurement of the mixture was performed in a microplate reader (Bio-Rad) at wavelengths of 570 and 620 nm. A log plot of cell viability (%) against the concentrations of plant extracts were constructed. From the plot, a near non-toxic concentration of the extracts was chosen to study the modifications of gene expression patterns in HepG2 cells in response to treatment with methanol extracts of the *T. indica* fruit pulp. The concentration of the methanol extracts of the *T. indica* fruit pulp that reduced cell viability by 50% (IC<sub>50</sub>) was also calculated from the plot.

Treatment of HepG2 cells with methanol extracts of *T. indica* fruit pulp

Confluent HepG2 cells maintained in DMEM were treated with methanol extracts at 300  $\mu$ g/ml, a non-toxic concentration determined from the MTT assay. The cells were then incubated at 37°C for 24 h. As a control, cells were incubated in the absence of the methanol extracts. After 24 h, cells were trypsinized and then precipitated by centrifugation at 1,300 rpm for 5 min. Cells were washed with PBS twice before total cellular RNA (tcRNA) was extracted from the cells.

Total cellular RNA preparation from the control and treated HepG2 cells

tcRNA from both untreated (control) and T. indica-treated HepG2 cells was isolated and then purified using RNAEasy kit (Qiagen) according to the manufacturer's instructions. Briefly, the cells were lysed with guanidine thiocyanatecontaining buffer (RLT buffer) followed by homogenization with a QIAshredder. Ethanol (75%) was then added to the mixture, and the mixture was then loaded into RNA spin columns. Following this, the columns were washed with RW1 and RPE buffers that were supplied by the manufacturer. After washing with a reduced volume of buffer RW1, the RNA was treated with DNase I using RNase-free DNase Set (Qiagen) while bound to the RNAEasy membrane. The DNase I was removed by a second wash with buffer RW1. Then, washing with buffer RPE and elution of RNA were then performed. In the final step, the tcRNA was eluted using RNase-free water into collection tubes. The quality of the tcRNA was estimated by measuring the absorbance ratio of 260-280 nm. Values above 1.8 indicate that the tcRNA is of good quality. The integrity of the tcRNA was also analysed using denaturing gel electrophoresis. The integrity of the tcRNA is indicated by the presence of two distinct bands corresponding to the ribosomal 28S and 18S subunits, with the intensity of the larger 28S band approximately twice than that of the smaller 18S band.

Preparation of the sense strand DNA for microarray gene expression analysis

Gene expression analysis was performed on the Affymetrix Human Gene 1.0 S.T (sense target) arrays according to the conventional Affymetrix eukaryotic RNA labelling protocol (Affymetrix). Briefly, the tcRNA (100 ng) isolated from the untreated (control) and the *T. indica*-treated HepG2 cells was first converted to single-stranded sense strand DNA (cDNA) in two cycles using the whole transcript (WT) cDNA synthesis, amplification kit and sample clean-up module. In the first cycle, the tcRNA was converted to double-stranded cDNA using random hexamers tagged with a T7 promoter sequence. Each strand of the double-stranded cDNA was then used as a template to synthesize antisense RNA (cRNA). In the second cycle, the cRNA was reversed transcribed into sense strand DNA in the presence of random hexamers (3 µg/ml) and dNTPs mix containing dUTP (10 mM).

# Sense strand DNA labelling and hybridization to the Affymetrix Human Gene 1.0 S.T arrays

The sense strand DNA was cleaned up using the sample clean-up kit and then cleaved into small fragments using a mixture of UDP and apurinic/apyrimidinic endonuclease 1 or APE1. The fragmented sense strand DNA was then end-labelled through a terminal transferase reaction that incorporates biotinylated dideoxynucleotides using the WT terminal labelling kit. The fragmented, biotinylated sense strand DNA (5.5 µg) was then hybridized to the Affymetrix Human Gene 1.0 S.T array at 45°C for 16 h in a hybridization Oven 640. After hybridization, the arrays were stained and then washed in the Affymetrix Fluidics Station 450 under standard conditions. The stained arrays were then scanned at 532 nm using an Affymetrix GeneChip Scanner 3000, and CEL files for each array were generated using the Affymetrix Gene-Chip<sup>®</sup> Operating Software (GCOS). The data were subjected to normalization, background correction and data summarization using Affymetrix Expression Console software.

#### Microarray data normalization and analysis

The CEL files were then converted to text files and exported to Partek Genomic Suite software to get the whole list of up-regulated and down-regulated genes. The whole gene lists generated were then normalized by filtering out probeset IDs that did not have any annotation in the Partek software, using the Netaffx Analysis Center software. The gene sets were then subjected to a one-way analysis of variance (ANOVA) in the Partek Genomic software to determine significantly expressed sets of genes, which was set according to *P* value less than 0.05 (P < 0.05). Significantly expressed genes were then re-filtered to include only those with fold change difference of equal to or greater than 1.5.

Biological interpretation: gene ontology (GO)

Additional information on the biological functions of the genes (genes products) that were significantly regulated (P < 0.05) with a fold change which was equal to or greater than 1.5 was determined using the Gene Ontology Enrichment tool in the Partek Genomic Suite Software.

Validation of the microarray data using semi-quantitative reverse transcription polymerase chain reaction (RT–PCR)

The microarray data were validated using semi-quantitative reverse transcription PCR (RT-PCR) as follows: tcRNA (2 µg) from control and T. indica-treated cells were reverse-transcribed to cDNA in a final volume of 20 µl containing a mixture of first strand buffer (1X), random hexamers (25 ng/µl), dNTP mix (0.5 mM), dithiothreitol (DTT) (0.1 M) and superscript II reverse transcriptase (10 units). The mixture was then incubated at 42°C for 50 min followed by inactivation at 70°C for 15 min. The cDNA was then used as templates for PCR amplification of selected up-regulated and down-regulated genes using primer pairs listed in Table 1. A PCR mixture containing cDNA (2000 ng), PCR buffer (1 X), 5' and 3' primers for GADPH and the selected genes of interest (1 µM), dNTPs (10 mM), DMSO (10% v/v) and Taq DNA polymerase (5 units) were prepared to a final volume of 50 µl with sterile distilled water (Sigma). PCR amplification was carried out in a thermal cycler (Biometra) with initial DNA denaturation at 95°C for 3 min followed by 35 cycles of denaturation at 94°C for 5 s, annealing of primers to the cDNA templates at 55°C for 1 min and DNA extension/ elongation at 72°C for 3 min. The final DNA extension was done at 72°C for 10 min. The PCR products were then separated through electrophoresis on a 2% agarose gel stained with 2 µg/ml ethidium bromide. The separated bands were visualized using a UV transilluminator, and the images were captured using a Canon CCD camera (BioRad Gel Doc 1000/2000). The intensity of the bands that corresponded to the amount of the PCR products of the selected regulated genes was then quantitated using Quantity One software (BioRad). Scanned values were expressed in arbitrary unit, and the expression of the selected genes relative to that of a housekeeping gene GADPH was then determined.

Validation of the microarray data using real-time RT-PCR

Validation of the microarray data using quantitative realtime PCR (qRT–PCR) was carried out in a StepOne<sup>TM</sup> Real-Time PCR System (Applied BioSystem). The same

Table 1 Primer sequences for   the selected genes used for validation of the microarray   data using semi-quantitative RT–PCR and real-time   RT–PCR RT–PCR	Gene	Primer sequence	Product size (bp)
	Glyceraldehyde-3-phosphate dehydrogenase ( <i>GADPH</i> ) (NM_002046)	Forward: 5'-TGCCTCCTGCACCACCAACTGC-3' Reverse: 5'-AATGCCAGCCCCAGCGTCAAAG-3'	457
	Phosphodiesterase 3A (PDE3A) (NM_000921)	Forward: 5'-GAACAGATGACACTGCTCAAGTT-3' Reverse: 5'-GAGCAAGAATTGGTTTGTCCAG-3'	180
	Interferon-induced protein with tetratricopeptide repeats ( <i>IFIT1</i> ) (NM_001548)	Forward: 5'-AGAACGGCTGCCTAATTTACAG-3' Reverse: 5'-GCTCCAGACTATCCTTGACCTG-3'	73
	Glutathione S-transferase A1 (GSTA1) (NM_145740)	Forward: 5'-AGCCGGGCTGACATTCATCT-3' Reverse: 5'-TGGCCTCCATGACTGCGTTA-3'	230
	Microsomal triglyceride transfer protein ( <i>MTTP</i> ) (NM_000253)	Forward: 5'-CGTTCGGCATCTACTTACAGC-3' Reverse: 5'-GTTCTCCTCCCCCCTCGTCAG-3'	180

cDNA and primer pairs for the selected up-regulated and down-regulated genes as well as a housekeeping gene, GADPH, as listed in Table 1 were used. The PCR amplification was performed in 0.2 ml MicroAmp<sup>®</sup> Optical 8-tube strips in a final volume of 20 µl containing a mixture of cDNA (30 ng), reverse and forward primers (1 µM), pre-prepared Power SYBR® Green PCR master mix containing SYBR® Green 1 dye, AmpliTaq Gold<sup>®</sup> DNA Polymerase dNTPs, dUTP, Passive Reference 1 and optimized buffer components. The PCR parameters consisted of 40 cycles of amplification with initial denaturation at 95°C for 15 s, annealing of primers and elongation of the newly synthesized strands at 60°C for 60 s. The PCR mixture was initially held for 10 min at 95°C for AmpliTaq  $Gold^{(8)}$  DNA polymerase activation. The comparative  $C_T$ method  $(\Delta\Delta C_T)$  was chosen for the relative quantitation of gene expression. Each sample type was run in triplicate. mRNA levels of the selected genes were normalized against GADPH mRNA.

# Results

#### MTT cell proliferation assay

The viability of HepG2 cells (%) in response to different concentrations of the methanol extracts of the T. indica fruit pulp is presented as a log plot in Fig. 1a. The plot shows a concentration-dependent decrease in cell viability with increasing concentrations of the methanol extracts of the T. indica fruit pulp. Cell viability was maintained above 80% even at a concentration of 1,000  $\mu$ g/ml. The IC<sub>50</sub> was found to be 4.57 mg/ml. Figure 1b shows the pictures of the cells viewed under light microscope, when the cells were treated with 300 µg/ml and 4.57 mg/ml of the methanolic extracts. In this study, we investigated the effects of methanol extracts of the T. indica fruit pulp on gene expression patterns in cultured human HepG2 cells at a concentration of 300 µg/ml where cell viability was still above 90%.

Normalization and visualization of microarray data

Microarray data were initially visualized using a principal components analysis (PCA) plot (Fig. 2). The data from the control group (n = 3) were shown in blue, whereas those in the treated group (n = 3) were indicated in red. Each ball represents gene expression data generated from a sample that was applied on a gene chip. Figure 2a shows the data that were generated from the three biological replicates. From the plot, sample outliers were not detected both in the control and in treated group. The control group is also distinguishably separated from those of the treated samples. Each biological replicate comprising a control and a treated sample was also analysed on a different date (scan date), and the results are illustrated in Fig. 2b. It clearly shows that when analysed together, the control and the sample in each replicate are always grouped together.

Figure 3 shows hierarchical clustering of genes in HepG2 cells in response to treatment with methanol extracts of the T. indica fruit pulp. Each lane represents an array. Up-regulated genes in treated samples were shown in orange, and down-regulated genes were shown in green. The pattern of the gene expression was similar in the biological replicates. In response to fruit pulp extracts of 300 µg/ml, 827 genes were significantly down-regulated, and a further 674 genes were significantly up-regulated. Amongst the significantly up-regulated genes were MT1M, MT1F, MT1X, GSTA1, GSTA2 and GST02 (Table 2). In addition, APOA4, APOA5 and ABCG5 were also up-regulated. Genes that were significantly down-regulated include PDE3A, PTTG1, CYP1A1, IFIT1 and MTTP (Table 2).



4.57 mg/ml - 50% cell viability (IC50)

**Fig. 1 a** A log plot of concentrations of the *T. indica* fruit pulp extracts ( $\mu$ g/ml) versus percentage (%) of HepG2 cells viability. From the log<sub>10</sub> plot, the IC<sub>50</sub> was found to be 4.57 mg/ml. **b** Examination under light microscope of morphological changes in HepG2 cells incubated for 48 h in the presence of 300  $\mu$ g/ml and 4.57 mg/ml of the *T. indica* fruit pulp extracts

In addition, a set of genes that are involved in the cell cycles *CCNG1*, *CCNG2*, *CCNA2*, *CCNB1*, *CCNB2* and *CDC2* were also significantly down-regulated.

#### Gene ontology: biological process

Gene ontology analysis of the differentially expressed genes in HepG2 cells in response to treatment with the methanol extracts of the *T. indica* fruit pulp is shown in Figs. 4 and 5. In Fig. 4, genes (and subsequently their gene products) were categorized into their participations in general metabolisms. It was found that 60 genes that are related to reactive oxygen species were up-regulated, whereas 13 were down-regulated. In addition, 95 genes that are involved in lipid metabolism were down-regulated, and another 62 were up-regulated. Figure 5 shows the number of significantly regulated genes that are categorized according to their roles in major biological processes (a), molecular functions (b) and major cellular components (c). The green bars represent the up-regulated genes.

# Validation of the microarray data

Semi-quantitative RT–PCR analysis was performed on selected significantly regulated genes as follows: *PDE3A*, *GSTA1* and *MTTP* (Fig. 6). The sizes of the PCR products that corresponded to the selected genes were 180, 230 and 180 bps, respectively. The PCR product for the house-keeping gene, *GADPH*, which is 457 bp, is shown by the arrow. The relative expression of the *PDE3A*, *GSTA* and *MTTP* genes to that of the housekeeping gene were -0.69-, 1.401- and -0.439-fold, respectively.

The expression of the selected genes PDE3A, GSTA1, CYP1A1 and MTTP as well as the interferon-induced protein (IFIT1) relative to that of GADPH was also quantitated using real-time RT-PCR. As shown in Fig. 7, the pattern of expression of the genes analysed using microarray technology was similar to that of the real-time RT-PCR. The MTTP gene was down-regulated by -1.25fold in real-time RT-PCR compared with -1.96-fold in microarray. PDE3A gene was down-regulated by about -5.06-fold in RT-PCR when compared with -5.10 in microarray analysis. CYP1A1 gene was also shown to be down-regulated when analysed using both RT-PCR and microarray methods by -2.73- and -3.61-fold, respectively. GSTA1 was up-regulated by 1.54-fold in RT-PCR analysis compared with 2.8-fold in microarray. In addition, IFIT1 was up-regulated by fourfold in RT-PCR compared with 6.41-fold in microarray. All data were normalized to the reference gene, GAPDH. The expression patterns obtained with semi-quantitative RT-PCR and real-time RT-PCR were consistent with the microarray results.

# Discussion

The MTT assay is a rapid colorimetric assay developed by Mosman [28] and had since been widely used to measure cell viability/proliferation in living cells [2, 5, 15]. In this study, the methanol extracts of the *T. indica* fruit pulp were shown to have an IC<sub>50</sub> of 4.57 mg/ml. For the microarray

Fig. 2 A principal components analysis (PCA) plot of HepG2 cells grown in the presence and absence of extracts of the *T. indica* fruit pulp showing biological replicates (n = 3) of control and treated samples. Arrays for the control group were in *blue*, and those for the treated group were in *red*. The data are clustered by treatment (**a**) and scan date (**b**). Each *ball* represents an array or a sample

а



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b

analysis, we decided to use a low concentration of 300 µg/ml where cell viability was still above 90%. We decided to use a low concentration of the extracts instead of the usual IC<sub>50</sub> concentration, because it is known that dietary antioxidants are present in circulation in small amount because they are either poorly absorbed from the intestine or once absorbed they are quickly metabolized [18, 46]. At this low concentration, we found that the methanol extracts of the *T. indica* fruit pulp were able to significantly regulate a total of 1501 genes (P < 0.05) with a fold change of at least 1.5.

Amongst the significantly up-regulated genes were those that code for the metallothioneins (MTs), *MT1M*, *MT1F*, *MT1X* and glutathione S-transferases (GSTs) namely *GSTA1*, *GSTA2* and *GSTO2*. MTs and GSTs have protective roles over heavy metals such as cadmium [8] and oxidative DNA, protein and lipid damage [6, 11]. In this study, only genes encoding MT-1 but not the other two isoforms, MT-2 and MT-3, were induced by low concentration of the

*T. indica* fruit pulp extracts. In addition, GSTs are involved in the detoxification of xenobiotics such as toxins and carcinogens [13, 15] and regulate cellular stress response to the formation of reactive oxygen species through the JNKassociated apoptosis [39]. Omega class GSTs have dehydroascorbate reductase and thioltransferase activities and also catalyse the reduction of monomethylarsonate, an intermediate in the pathway of arsenic biotransformation. Other diverse actions of human GSTO1-1 include modulation of ryanodine receptors and interaction with cytokine release inhibitory drugs. Glutathione S-transferase omega 1 and omega 2 (GSTO1 and GSTO2) catalyse monomethyl arsenate reduction during arsenic biotransformation [29].

Diseases of the cardiovascular system are the most common cause of death in developed countries. It has been established that hyperlipidaemia including high cholesterol levels in blood represents a major risk factor for the premature development of atherosclerosis and its

Table 2 A list of selected significantly up-regulated and down-regulated genes in HepG2 cells treated with methanolic extracts of T. indica fruit pulp that may be related to stress response (A), lipid metabolic processes (B) and others (C)

Details of the GenBank accession number, name of the gene and its respective protein and fold change difference between treated and non-treated

cells are included

up-regulated genes,

metabolism

Genebank ID	Protein (gene name)	Fold change (treated vs. untreated)
Stress respons	е	
NM_176870	Metallothionein 1 M (MT1M)	5.21
NM_005949	Metallothionein 1F (MT1F)	2.35
NM_005952	Metallothionein 1X (MT1X)	1.68
NM_145740	Glutathione S-transferases (GSTA1)	2.80
NM_000846	Glutathione S-transferases (GSTA2)	1.60
NM_183239	Glutathione S-transferases (GSTO2)	1.73
Lipid metabol	ic process	
NM_000482	Apolipoprotein A-IV (APOA4)	2.31
NM_052968	Apolipoprotein A-V (APOA5)	1.90
NM_022436	ATP-binding cassette, subfamily G (WHITE), member 5 (ABCG5)	1.84
NM_000253	Microsomal triglyceride transfer protein (MTTP)	-1.80
Others		
NM_000921	Phosphodiesterase 3A, cGMP-inhibited (PDE3A)	-5.10
NM_000499	Cytochrome P450, family 1, subfamily A, polypeptide 1 (CYP1A1)	-3.61
NM_004590	Chemokine (C-C motif) ligand 16 (CCL16)	-4.36
NM_004219	Pituitary tumour-transforming 1 (PTTG1)	-2.93
NM_199246	Cyclin G1 (CCNG1)	-2.31
NM_004701	Cyclin B2 (CCNB2)	-2.24
NM_004354	Cyclin G2 (CCNG2)	-1.97
NM_001237	Cyclin A2 (CCNA2)	-1.93
NM_001786	Cell division cycle 2, G1 to S and G2 to M (CDC2)	-1.85
NM 031966	Cyclin B1 (CCNB1)	-1.78



cardiovascular complications. Presently, statin, which is an inhibitor of HMGCoA reductase, is widely used to decrease plasma LDL and is able to reduce cardiovascular events by 20-40% [42]. Patients who cannot tolerate or respond poorly to statin are given other hypolipidaemic therapies such as fibrates and nicotinic acid. Scientists are now tapping into the rich biodiversity of the world to look for functional foods that can reduce cholesterol and lipid levels and are as potent, well-tolerated, cheaper, safer alternatives to the currently marketed drugs.

The extracts of the T. indica fruit pulp have the potential to be used as lipid-lowering agents. An earlier study by



**Fig. 5** Gene ontology analysis. Forest plots showing the categorization of the significantly regulated genes (P < 0.05; fold change more or equal to 1.5) according to their roles in major biological processes



**Fig. 6** Validation of the microarray data using semi-quantitative RT–PCR. A few genes that were regulated in HepG2 cells in response to treatment with extracts of the *T. indica* fruit pulp were selected namely *PDE3A*, *GSTA1* and *MTTP* genes. The expression of the selected genes relative to that of a housekeeping gene, *GADPH*, was calculated and was expressed as a fold change. The PCR products for the housekeeping gene, *GADPH*, are shown by the *red arrow*. The intensity of the bands was quantitated using a densitometer scanner

(a), molecular functions (b) and major cellular components (c). The *green bars* represent the up-regulated genes, and the *purple bars* depict the down-regulated genes

Martinello et al. [26] showed that the extracts of the *T. indica* fruit pulp were able to decrease the levels of serum cholesterol and triglycerides in hypercholesterolaemic hamsters. The molecular mechanism of the lipid-lowering activity of the fruit extracts is, however, still unknown. Our microarray analysis did not detect changes in the expression of the HMGCoA reductase gene, suggesting that the lipid-lowering activity is not through the inhibition of cholesterol biosynthesis. Our microarray data showed that amongst others, three genes that critically regulate lipid metabolism were differentially expressed: *APOA4*, *APOA5*, *ABCG5* and *MTTP*.

Apoliporotein A-V (ApoA-V) that is coded by *APOA5* gene plays a vital role in the regulation of TG metabolism [43]. ApoA-V is thought to reduce TG levels by activating lipoprotein lipase (LPL), the enzyme that is responsible in catabolizing TG-rich lipoproteins, chylomicrons and VLDL, hence improving the clearance of these lipoproteins



Fig. 7 Validation of the microarray data using real-time RT-PCR. The *bar chart* shows the gene expression patterns (presented as fold change) of selected significantly regulated genes calculated using semi-quantitative RT-PCR, real-time RT-PCR and microarray analysis. The down-regulated genes selected were *MTTP*, *PDE3A* and *CYP1A1*, while the up-regulated genes are *GSTA1* and *IFIT1*. All PCR data were normalized to the intensity of GAPDH as a housekeeping gene. \*NQ IFIT1 gene expression was not included in the semi-quantitative RT-PCR

from blood. Mutations in the *APOA5* gene have been shown to cause hypertriglyceridaemia [35]. In our study, we found that in the methanol extract-treated HepG2 cells, *APOA5* gene was up-regulated by 1.9-fold. This could be contributed by procyanidin, a phenolic compound found in grape seed that was able to lower TG levels in rats, up-regulate *apoA5* gene expression in mouse liver [12] and was shown to also be present in the *T. indica* fruit pulp [44].

APOA4 gene codes for the apolipoprotein A-IV (ApoA-IV) which is like cholecystokinin (CCK), a known gastrointestinal satiety signal proteins whose synthesis and secretion from the gut are stimulated by fat absorption [24]. Apart from the intestine, apoA-IV is also synthesized by the hypothalamus, and the gene has also been shown to be expressed in the liver [23]. In human hepatoma HepG2 cells, *APOA4* mRNA was up-regulated when cells were treated with liver X receptors (LXR) agonists. LXRs are oxysterol receptors that can mediate cholesterol homeostasis. Treatment of C57B6 mice with a synthetic LXR agonist, T0901317, resulted in significant increases in plasma apoA-IV that was associated with an increase in high-density lipoprotein. Examination of both intestinal and liver apo A-IV mRNA revealed specific increases in liver mRNA only [23]. ApoA-IV had also been shown to be a potent endogenous antioxidant that inhibits lipid per-oxidation [14, 36].

In this study, the gene encoding an ATP-binding cassette sterol transporter, ABCG5, was also up-regulated by the methanol extracts of the *T. indica* fruit pulp. ABCG5 has been shown to be regulated in the liver and intestine by the LXRs [38, 48]. An overexpression of *ABCG5* was found to promote cholesterol excretion through bile and reduce absorption of dietary cholesterol [48]. In addition, mutations in the *ABCG5* gene were implicated in sitosterolaemia [17, 19, 25], characterized by elevated plasma levels of plant sterols and cholesterol due to increased absorption and decreased excretion of the neutral sterols into biles [3, 4]. The increased circulating levels of these sterols are associated with the deposition of cholesterol in the skin and tendons (xanthomas), and in the walls of the coronary arteries, resulting in premature coronary atherosclerosis.

proliferator-activated Peroxisome receptor alpha  $(PPAR\alpha)$  is a key regulator in hepatic lipid metabolism, and apoA-IV had been identified as a potential therapeutic target for dyslipidaemia [30]. Oral administration of PPARa agonist KRP-101 in dogs caused a decrease in serum TG accompanied by an increase in serum apoA-IV levels [30]. In addition, administration of a potent and selective PPARa agonist, LY570977 L-lysine decreased TG and increased circulating apoA-V levels in cynomolgus monkeys [41]. Functional PPAR-binding element in the promoter of the human APOA5 gene was found in human, which is somewhat degenerate and non-functional in the corresponding mouse Apoa5 [34]. APOA5 resides on the APOAI/CIII/AIV gene cluster on human 11q23 [33]. Gene coding for the apolipoprotein C-III which is a marker of TG-rich lipoproteins was up-regulated in this study but at a lower fold change compared to that of the APOA5 with APOA5/APOC3 ratio of 1.3.

In our study, we found that the crude extracts from the *T. indica* fruit pulp up-regulated the expression of geness that code for apoA-IV, apo A-V and ABCG5. Since the methanol extracts up-regulated three genes, we postulated that there are components in the crude extracts that may act as PPARalpha agonist which can regulate TG and HDL levels and may eventually be able to be used as a lipid-lowering agent. It is postulated that there may be components in the extracts that could also regulate cholesterol homeostasis by increasing the expression of the ABCG5 gene that could promote biliary cholesterol secretion and reduce dietary cholesterol absorption which could potentially be used to reduce TG levels in blood and help to prevent coronary heart disease.

We also found that the crude extract down-regulated the expression of the *MTTP* gene that codes for microsomal

triglyceride transfer protein (MTTP). MTTP is required for the assembly and secretion of TG-rich lipoproteins from both enterocytes and hepatocytes. MTTP inhibitor, JTT-130, had been shown to lower plasma lipid mainly plasma TG [1]. The inhibition of *MTTP* gene expression, especially in the intestine, may subsequently lead to reduction in the levels of cholesterol in blood.

Other genes that were down-regulated in response to the extracts of the *T. indica* pulp were *PDE3A*, *PTTG1* and *CYP1A1*. PDE3 is one of the phosphodiesterases (PDEs) that regulate intracellular concentrations of second messengers, cAMP and cGMP, by catalysing the hydrolysis of their 3'-5'-phosphodiester bond [1]. The PDE3 family comprises 2 genes, the *PDE3A* and *PDE3B*. The PDE3A has higher affinity towards cAMP than cGMP and is directly inhibited by cGMP [19]. Known inhibitors of the PDE3 include cilostamide and milrinone, but these inhibitors do not differentiate between PDE3A and PDE3B [3]. The crude extracts of the *T. indica* fruit pulp suppressed the expression of only the *PDE3A*, by 5.1-fold, suggesting that the extracts contain bioactive compound(s) that is (are) selective inhibitor(s) of *PDE3A*.

PTTG1 is an oncogene involved in cell cycle regulation and sister chromatid separation [31]. High levels of PTTG1 expression have been reported in various tumours including thyroid, pituitary, lung, colon, oesophagus, ovary and breast [16, 40, 47]. Studies had shown that nude mice developed cancer when subcutaneously injected with PTTG1-transfected cells [32]. CYP1A1 is one of the most important detoxification enzymes, but it is also capable of generating carcinogenic intermediate metabolites from polycyclic aromatic hydrocarbons [20]. Resveratrol, an antioxidant widely found in fruits such as grapes, was found to inhibit the transcription of CYP1A1 in the HepG2 cells supposedly by preventing the activation of aryl hydrocarbon receptor [10]. Our microarray results showed that the crude extracts of the T. indica fruit pulp have the potential application as a chemotherapeutic agent for the treatment of cancer through the inhibition of the transcription of CYP1A1 and PTTG1 genes. In addition, a set of genes that are involved in regulating the cell cycle checkpoints namely the cyclins, CCNG1, CCNG2, CCNA2, CCNB1, CCNB2 and CDC2 were also significantly down-regulated.

In conclusion, low concentration of *T. indica* fruit pulp extracts was able to significantly regulate a total of 1501 genes. Amongst the up-regulated genes were those that code for the metallothioneins and glutathione S-transferases which are well known for their stress response activities. The extracts may act as hypolipidaemic agents by regulating the expression of *APOA4*, *APOA5*, *ABCG5* and *MTTP* genes. The fruit pulp extracts also have anti-cancer potential by regulating genes involved in the cell cycle checkpoints.

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