# RESEARCH

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# Expression of the circular RNAs in astaxanthin promotes cholesterol efflux from THP-1 cells based on RNA-seq



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## Abstract

**Background:** It is reported that circular RNAs (circRNAs) play a key role in atherosclerosis (AS). Foam cell formation, which is the main feature of AS, can be significantly inhibited by cholesterol efflux.

**Methods:** We established a model of astaxanthin (AST) promoting cholesterol efflux from macrophages through oil red O staining, real-time quantitative PCR (qRT-PCR), and western blot and used RNA sequencing to detect the expression of circRNAs in AST-treated and untreated THP-1 cells. Finally, siRNA transfection screened out circRNAs that were significantly differentially expressed. The data analysis was performed by Student's *t* test and *P* < 0.05 was considered statistically significant.

**Results:** In the model of AST promoting cholesterol efflux from THP-1 cells, there were a total of 7276 circRNAs differentially expressed, among which the top 25 upregulated and the top 25 downregulated circRNAs were selected based on the log<sub>2</sub> (fold change). GO analysis showed that differential expression of circRNAs in biological process (2066/3098; 66.69%), molecular function (543/3098; 17.53%), and cellular component (489/3098; 15.78%). Based on KEGG analysis, RNA transport was the most enriched pathway. Finally, we obtained 3 significantly upregulated circRNAs by siRNA transfection and qRT-PCR.

**Conclusions:** The 3 differentially expressed circRNAs may play an important role in the process of AST promoting cholesterol efflux and may be used as biomarkers to prevent AS.

Keywords: Astaxanthin, Cholesterol efflux, Circular RNAs, RNA sequencing

### Introduction

Atherosclerosis (AS) cardiovascular disease is one of the main causes of morbidity and mortality in the world, and it has become an important disease threatening public health [1]. Heart disease (the most common cause is atherosclerotic disease of the coronary arteries) and

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stroke are the two leading causes of death in the world, and it has gradually become a common disease that seriously endangers people's health [2]. One of the characteristics of atherosclerosis is the accumulation of lipids in the arterial wall. The main risk factors include high levels of low-density lipoprotein cholesterol (LDL-C) and low levels of high-density lipoprotein cholesterol (HDL-C) [3, 4]. The function of LDL is to transport endogenous cholesterol and lipids from the liver to the periphery; while the function of HDL is to reverse cholesterol transport (RCT), and to transport lipids from the periphery to the liver for catabolism [5]. The process of transporting excess cholesterol from the surrounding tissues such as macrophages to the liver through HDL for



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metabolism and excretion and finally excretion of feces, that is, RCT, can effectively inhibit the occurrence of AS [5–7]. Foam cell formation is an important part of AS, and cholesterol efflux, as the initial and key step of RCT, can effectively inhibit the formation of foam cells, thereby preventing the occurrence of AS [7, 8]. Therefore, promoting cholesterol efflux and enhancing the ability of RCT are important strategies to reduce the risk of AS. Cholesterol transporters such as ATP-binding cassette transporter A1 (ABCA1), G1 (ABCG1) and scavenger receptor class B type I (SR-BI) are responsible for regulating the cholesterol output of macrophages and participates in the RCT [4, 8]. Their increased expression can promote RCT, reduce AS, and play a key role in preventing the accumulation of cholesterol in macrophages [9, 10].

Astaxanthin (AST), as a non-vitamin A pro-carotenoid with the strongest known antioxidant activity, can exert its powerful antioxidant activity by quenching singlet oxygen and scavenging free radicals [11]. Studies have shown that AST can reduce the content of total cholesterol and LDL-C, and significantly increase the level of HDL-C [12]. Clinical studies have found that AST can also inhibit the oxidized low-density lipoprotein (ox-LDL) and apolipoprotein (apoA-I) and increase the levels of HDL-C and adiponectin, playing an important role in preventing the development of AS [11, 13, 14]. Studies have found that AST can increase the expression of ABCA1/G1, thereby enhancing the apoA-I/HDL-mediated cholesterol efflux of macrophages, thereby preventing AS [15].

Circular RNA (circRNA) is a covalently closed circular RNA molecule produced by reverse splicing of pre-mRNA (pre-mRNA) and is a special non-coding endogenous RNA [16]. CircRNAs have a variety of biological functions such as acting as a "microRNA sponge," regulating protein interactions, acting as a protein sponge or scaffold, and participating in ribosomal RNA processing and translation processes [17, 18]. At present, the research on the mechanism of circRNAs in disease is more inclined to act as a miRNA sponge. It may be used as a biomarker or therapeutic target for AS and cancer and protects the development of AS [19]. Studies have found that circ-SATB2 and circCHFR upregulate the expression of related target genes by sponging miR-939 and miR-370, respectively; to regulate the proliferation and differentiation of vascular smooth muscle cells, and play a vital role in atherosclerosis in cardiovascular and cerebrovascular diseases [20, 21]; circRNA-0044073 is upregulated in AS by targeting miR-107 and activating the JAK/STAT signaling pathway, which may provide a target for new anti-atherosclerotic treatment strategies [22].

However, the molecular mechanism of circRNAs in promoting cholesterol efflux from macrophages is still

rarely reported. Therefore, this article mainly studies the differentially expressed circRNAs and their targeted miRNA in the process of AST promoting cholesterol efflux, laying a foundation for in-depth exploration of the specific mechanism of circRNAs in this process.

#### Results

# AST inhibited foaming of macrophages and promoted cholesterol efflux

To evaluate the inhibitory effect of AST on macrophage foam cell formation, THP-1 cells were loaded with 50 µg/ml ox-LDL after PMA (Phorbol-12-myristate-13acetate)-induced adherence as cell culture models. The result of Oil Red O staining showed that compared with the control group (Fig. 1A), the red part of the cells in the treat group (Fig. 1B) was significantly reduced, indicating that the AST significantly inhibited ox-LDLinduced macrophage foam cell formation. At the same time, treatments with different concentrations (0, 0.5, 5, 50  $\mu M)$  of AST were set up, and real-time quantitative PCR (qRT-PCR) and western blot experiments were used to detect the expression of cholesterol effluxrelated genes and proteins ABCA1, ABCG1, and SR-BI. The results showed that the expression of ABCA1, ABCG1, and SR-BI genes was significantly increased after AST treatment compared with the control group (Fig. 1C). In addition, the expression of ABCA1, ABCG1, SR-BI protein also increased to varying degrees (Fig. 1D–F). It can be seen that different concentrations of AST can gradually upregulate the expression of ABCA1, ABCG1, SR-BI, and the effect is better at 5  $\mu$ M concentration.

#### Differential expression of circRNAs

We drew the volcano plot and the scatter plot to visually evaluate the difference in circRNAs expression between the treat and control groups (Supplementary Fig. S1A-B). The values spotted in the *X* and *Y* axes represent the average of normalized signals of the two groups of samples (log<sub>2</sub> scaled). The circRNAs above the top red line and below the bottom green line indicate more than 2 fold change in circRNAs between the two groups. The heat map indicated the expression profiles of all circRNAs (Supplementary Fig. S1C). RNA sequencing (RNA-seq) detected significantly differential expression of 7276 circRNAs between the treat cells and control cells (|log<sub>2</sub> (fold change)| > 2), of which 3116 circRNAs were upregulated and 4160 circRNAs were downregulated.

#### Functional enrichment analysis

Gene ontology (GO)-based enrichment analysis was carried out to evaluate the major biological functions of differentially expressed circRNA-miRNA-mRNAs network that are further classified into three main



categories such as, biological process (2066/3098; 66.69%), molecular function (543/3098; 17.53%) and cellular component (489/3098; 15.78%) (Supplementary Fig. S2A). The top 10 of each subcategory along with the analysis of all circRNA-miRNA-mRNA networks between the treat and control groups are shown in the significantly enriched GO dendrogram (Supplementary Fig. S2B). The ten most-enriched GO processes were mainly associated biological with metabolic processes, including cellular metabolic process, primary metabolic process, organic substance metabolic process, nitrogen compound metabolic process, and organic substance. Of note, catabolic processes were also significantly enriched. The ten most-enriched GO cellular components were intracellular part, organelle part, cytoplasm, nuclear, and cytosolic, and the ten mostenriched GO molecular functions included nucleoside binding, small molecule binding, protein binding, RNA binding, and ATP binding.

KEGG (Kyoto Encyclopedia of Genes and Genomes) pathway analysis revealed 20 substantially enriched pathways, many of which are relevant to the transport and translation. RNA transport was the most enriched pathway, followed by endocytosis, cell cycle, and lysosome signaling pathway in treat and control comparisons (Supplementary Fig. S3).

#### Confirmation of differentially expressed circRNAs by qRT-PCR

Among the 7276 circRNAs with a difference of more than 2 fold change, we selected the top 25 significantly upregulated and the top 25 significantly downregulated circRNAs and verified their expression by qRT-PCR. We found that the expression of circUGGT2, circPCMTD1 (hsa\_circ\_0001801), circDPY19L1P1, circATP8B4, circIARS2, circAKAP7, circBRWD1, circNEK1, circLINC00630 were differentially upregulated, and the expression of circDOCK8, circFAF1, circARPC2 (hsa\_ circ\_0058218), circABCC1 (hsa\_circ\_0000678) were differentially downregulated, which was consistent with RNA-seq results (Fig. 2). The results indicated that these circRNAs have potential in the process of AST promoting cholesterol efflux from macrophages.

# Analysis of differentially expressed circRNAs targeted miRNAs

It has been shown that the MREs of circRNAs can bind matched miRNA, and thereby reduce miRNA-mediated



post-transcriptional repression. To explore the potential functions of the circRNAs, we predicted the target miRNA by aligning with the MREs of these 25 differentially upregulated and 25 downregulated circRNAs using the miRanda software. We found that at least one miRNA with one differentially expressed circRNA was co-targeted, so we chose each of the top 50 putative target miRNAs based on the *P*-value sorting information. The results from the sequence analysis were visually compiled in Fig. 3.

#### siRNA interference screened out the 3 most differentially expressed circRNAs

The 13 circRNAs verified by qRT-PCR (9 upregulated and 4 downregulated) were designed to interfere with siRNA, and the appropriate concentration was explored to verify the interference effect of the circRNAs. The results showed that the siRNA concentration of circUGGT2, circPCMTD1, circDPY19L1P1, circBRWD1, and circNEK1 was better when the siRNA concentration of the 5 circRNAs was 50 nM, while the siRNA of circDOCK8, circFAF1, and circABCC1 was better at 100 nM (Fig. 4A). The effects of these 8 circRNA interferences on the mRNA and protein levels of ABCA1, ABCG1, and SR-BI were further tested. The final results found that the 3 target genes were significantly reduced after interference with circUGGT2, and circPCMTD1, while ABCA1 and ABCG1 were significantly reduced after interference with circBRWD1, but SR-BI was not obvious (Fig. 4B). At the same time, in the AST intervention cell model, compared with the negative control, the gene expression levels of ABCA1, ABCG1, and SR-BI were significantly reduced after interfering with the 3 circRNAs (Fig. 4C), and their protein levels were also reduced. (Fig. 4D–F).

#### Targeted miRNAs related to 3 circRNAs

Predicted by TargetScan, starBase, miRanda, and miRDB software, we got miRNAs related to the 3 target genes of ABCA1, ABCG1, and SR-BI. After intersecting the related target miRNAs of the 3 circRNAs predicted by the sequencing results, we got a total of 6 miRNAs. (Table 1). After siRNA interfered with circRNAs, qRT-PCR verified the expression of 6 miRNAs, and the results showed that all miRNAs were increased to different degrees. Among them, miR-30a-3p, miR-139-5p, and miR-3918 were significantly increased, indicating that circRNAs may play a



role in AST's promotion of cholesterol efflux by targeting miRNA (Fig. 5).

#### Discussion

The excessive accumulation of LDL-C and other lipids in macrophages in the arterial intima will lead to the formation of foam cells, which is the main sign of early atherosclerotic lesions [4]. The oxidation of LDL (that is, the formation of ox-LDL) stimulates the infiltration of monocytes to induce endothelial cell apoptosis and the formation of foam cells to promote AS [23]. Therefore, removing excess cholesterol through the RCT pathway can inhibit anti-AS [24]. RCT is an important part of the mechanism of cholesterol homeostasis in the body, and cholesterol efflux is the first and most important step in this process [25, 26]. The most researched on the mechanism of cholesterol efflux is the active transport mediated by transporters ABCA1, ABCG1 and SR-BI [4, 8]. Studies have reported that AS can enhance apolipoprotein AI and HDL-mediated cholesterol excretion in RAW264.7 cells, promote the expression of ABCA1, ABCG1 and significantly reduce the expression of class A scavenger receptors and CD36 [15, 27].

Therefore, in this study, we first used THP-1 cells loaded with ox-LDL to form foam cells as an in vitro model of atherosclerosis to study the mechanism of circRNAs in the promotion of cholesterol efflux by AST. The results of this article show that AST can significantly promote the outflow of lipid cholesterol in THP-1 cells, and can increase the expression of ABCA1, ABCG1, and SR-BI at the mRNA and protein levels. Therefore, it can be explained that AST can promote the outflow of ox-LDL, reduce the formation of foam cells, and promote the RCT process.

As a closed molecule without a 5'cap or 3'poly (A) tail, circRNA has a stable structure and plays a role in various diseases such as AS [28]. Research on the mechanism of circRNAs in AS is mostly focused on the following: acting as a miRNA sponge to competitively bind to endogenous RNA, regulating gene expression at the transcription, post-transcriptional and translation levels, and regulating ribosomal RNA maturation [29-31]. In the present study, a cell model of AST promoting cholesterol efflux was constructed for high-throughput sequencing, and the differentially expressed circRNAs were analyzed, and finally detected 7276 circRNAs. To validate these RNA-seq results, qRT-PCR was performed. The top 50 circRNAs were selected for qRT-PCR from the circRNAs detected in the control and treat cells, among which 25 circRNAs were upregulated and 25 were downregulated ( $|\log_2 (\text{fold change})| > 2$ ). Of these, 13 exhibited a statistically significant difference that was consistent with that of the RNA-seq detection. Specifically, 9 circRNAs, including circUGGT2, circPCMTD1, circDPY19L1P1, circATP8B4, circIARS2, circAKAP7, circBRWD1, circNEK1, and circLINC00630, were significantly upregulated, while 4 circRNAs, including circDOCK8, circFAF1, circARPC2, and circABCC1, were significantly downregulated.

Most of the new circRNAs were found in these 13 circRNAs, and only 3 circRNAs have relevant information in the circBase database: circPCMTD1 (hsa\_circ\_0058218), circARPC2 (hsa\_circ\_0058218), and circABCC1 (hsa\_





circ\_0000678). Research has found that circPCMTD1 can act as a miR-224-5p sponge to promote the progression of glioma and promote the progression of glioblastoma by regulating the miR-628-5p/HMGB3 axis [32, 33]. In addition, exosomes carrying circABCC1 can mediate the stemness and metastasis of colorectal cancer cells and can be used as a new diagnostic biomarker for colorectal cancer [34, 35]. Further interfering with the expression of circRNAs by siRNA, we finally get 3

 Table 1
 Circular RNA and target gene predicted co-targeting miRNA

| CircRNA    | Targeted miRNA  | Targeted gene |
|------------|-----------------|---------------|
| circUGGT2  | hsa-miR-186-3p  | ABCA1         |
| circPCMTD1 | hsa-miR-30a-3p  | ABCA1         |
| circPCMTD1 | hsa-miR-30e-3p  | ABCA1         |
| circPCMTD1 | hsa-miR-5581-3p | ABCG1         |
| circBRWD1  | hsa-miR-139-5p  | ABCA1         |
| circBRWD1  | hsa-miR-3918    | ABCG1/SR-BI   |

circRNAs that may play a role by targeting miRNA in the promotion of cholesterol efflux by AST: circUGGT2, circPCMTD1, and circBRWD1. Their specific mechanisms need to be further studied.

GO and KEGG functional analysis evaluated the main biological functions of the circRNA-miRNA-mRNA network and found that circRNAs are mainly related to the metabolic process in the biological process, and the most enriched molecular functions include binding to RNA and protein. The first 25 upregulated and the first 25 downregulated circRNAs with the most obvious differential expression were further selected as targets for screening and verification, and the miRanda software was combined to screen the targeted miRNAs, and the first 50 were selected to construct a network diagram. The results showed that one circRNA can bind to multiple miRNAs, and one miRNA can also bind to multiple circRNAs.

Our bioinformatics analysis determined that the expression of a large number of circRNAs in the



promotion of cholesterol efflux by AST was significantly changed, and we screened out 3 circRNAs that might play a role. However, although we have preliminarily predicted circRNA functions from our sequencing results, it would be premature to use these circRNAs as possible AS biomarkers or therapeutic targets. Because of acknowledged limitations of this work, such as the small number of samples and individual differences in RNA-seq data, the biological functions of circRNAs and their role in the process of AST promoting cholesterol efflux require further study.

#### Conclusions

We have verified that circRNAs are differentially expressed in the promotion of cholesterol efflux by AST through RNA-seq analysis and qRT-PCR verification, and finally found that 3 circRNAs are significantly differentially expressed in the process. This lays the foundation for the study of the specific mechanism and provides new discoveries for circRNAs as a target and marker for the diagnosis and treatment of AS in the future.

#### Material and methods

#### Cell culture and foam cell induction

THP-1 cells were cultured in RPMI-1640 medium containing 10% fetal bovine serum, 100 U/ml penicillin, and 100  $\mu$ g/ml streptomycin in a 37 °C, 5% CO<sub>2</sub> incubator, and passage every 2–3 days. The cultured cells were added with PMA at a final concentration of 100 ng/ml and cultured for about 48 h. The adherence, irregular shape, and pseudopodia of the cells were observed under the microscope to indicate that they had differentiated into macrophages. After the induced macrophages were cultured, the final concentration of 50  $\mu$ g/ml ox-LDL was added and cultured for 24 h to form foam cells.

#### Oil red O staining

THP-1 cells were induced to differentiate with 100 ng/ ml PMA for 48 h and then treated with 50  $\mu$ g/ml ox-LDL and 50  $\mu$ M AST for 48 h as the treatment group, compared with the control group treated with 50  $\mu$ g/ml ox-LDL, the oil red O staining kit (Solarbio, China) was used to detect the effect of AST on the foam formation of macrophages. First, remove the cell culture medium, wash twice with PBS, fixed with ORO Fixative for 20–30 min; discard the fixative and wash twice with distilled water; then add 60% isopropanol to soak for 5 min; then discard, add freshly prepared ORO Stain, soak for 10–20 min; then discard and wash 2–5 times with water until there is no excess staining solution; finally add Mayer hematoxylin staining solution, counter-stain the nucleus for 1–2 min (can be omitted), discard the dye solution, and wash with water 2–5 times; put in ORO Buffer for 1 min, discard it, add distilled water to cover the cells, and observe under a microscope.

#### qRT-PCR

THP-1 cells were induced to differentiate and treated with 50 µg/ml ox-LDL plus different concentrations of AST (0, 0.5, 5, 50  $\mu$ M) for 48 h. The cells were collected and extracted by Trizol reagent (Invitrogen, USA) in accordance with the manufacturer's protocol. RNA quantity was determined spectrophotometrically at optical density  $(OD)_{260}$  and  $OD_{260}/OD_{280} = 1.8-2.1$  using a NanoDrop spectrophotometer (Thermo Fisher Scientific, Waltham, MA, USA). The circRNAs were treated with Rnase R (Geneseed, Guangzhou, China) for reverse transcription. Take 1 µg total RNA to use the reverse transcription kit (Roche, Shanghai, China) to obtain cDNA. qRT-PCR was conducted using the SYBR-Green Master-Mix (Roche, Shanghai, China) in the Real-time PCR System (Applied Biosystems, Waltham, MA, USA). The oligonucleotide sequences of the mRNAs and circRNAs primers are in Table 2. Each qRT-PCR reaction included 5 µl SYBR, 0.15 µl forward primer, 0.15 µl reverse primer, and 1 µl complementary DNA. The total volume was adjusted to 10  $\mu$ l with double-distilled H<sub>2</sub>O. The following thermocycler parameters were used to generate the dissociation curve: 95 °C for 10 min; and 40 cycles of 95 °C for 15 s, 56 °C for 30 s. mRNA and circRNA expression were normalized using glyceraldehyde-3phosphate dehydrogenase and 18s rRNA respectively. The relative quantification was calculated by the  $2^{-\Delta\Delta\dot{C}t}$ method.

#### Western blot analysis

The protein was extracted with RIPA lysate and protease inhibitor 100:1, and the BCA kit was used for protein quantification. After adding the loading buffer, the protein was boiled and stored at - 20 °C. The preserved protein samples were electrophoresed on a 6% SDS-PAGE gel at 80V 120 min; then 250 mA 150 min, electro-transported to the PVDF membrane; the skimmed milk powder was blocked for 1.5 h with rabbit anti-ABCA1 (1:1000, CST, USA), ABCG1 (1:500, Proteintech, Wuhan, China), SR-BI (1:500, Sangon Biotech, Shanghai, China) and GAPDH (1:1000, Sangon Biotech, Shanghai, China). Incubate overnight in a shaker at 4 °C, add horseradish peroxidase (HRP) labeled goat Antirabbit IgG (1:1000, Beyotime, Shanghai, China), using chemiluminescence western blot detection system to detect protein expression. Using GAPDH as an internal reference, the development results were analyzed for gray data results.

| Table 2 List of mainly | primer | sequences | of the | qRT-PCR |
|------------------------|--------|-----------|--------|---------|
|------------------------|--------|-----------|--------|---------|

| Name          | Primer sequences (5' $\rightarrow$ 3')                     |
|---------------|--|
| GAPDH         | F: GGAGTCAACGGATTTGGTCGTATTG                               |
|               | R: TCTCGCTCCTGGAAGATGGTGAT                                 |
| ABCA1         | F: GATCTGGAAGGCATGTGG                                      |
|               | R: CTGTTCCCAAAAGTGGTCA                                     |
| ABCG1         | F: CCGGGCAGAGAGGTAAA<br>R: AGGGGTTGGATCAGAAGAG             |
| SR-BI         | F: GGTCCATCTACCCACCCA<br>R: CAGCGTTGAGGAAGTGAGG            |
| circUGGT2     | F: TCAGCCAGGCGATGCTCGTC<br>R: TCCCAAGATTGCGAAGGCCATTC      |
| circPCMTD1    | F: AGCAAGCCTTCAGAGCGATTGATC<br>R: TGCAAGGTGCTGACAAGTGGATG  |
| circDPY19L1P1 | F: GGCCTGGTTACAGTGTTGTGCTTC<br>R: GCTTTCGCGGAGAGGTGGTG     |
| circATP8B4    | F: GCAATACCTGCAGTGGCTCG<br>R: GTGAGGGTACCCGTTTTGTCG        |
| circlARS2     | F: TGATGTCCTTCGCTGGTGGGTAG<br>R: TGGCAGCATTGAGCACGGATG     |
| circAKAP7     | F: TCCTGTCCATTCCAATCACCA<br>R: GGCCAGTCGCTCATCTTGTT        |
| circBRWD1     | F: TAGCAGCAGCTTTTGCAGGC<br>R: TAACGCAGACAGCCTCCTGTA        |
| circNEK1      | F: GAGCTGGCTCGAACTTGCATA<br>R: AAAGGACACACCCCAGAGCC        |
| circLINC00630 | F: GGCTGCCAAAGCTTCTACTCC<br>R: AGCAGGTGTCATGTCCTACCA       |
| circDOCK8     | F: GGGACTTCACTGATGACGACTTGG<br>R: TAGCCACTCACGGATGTAGGTCTG |
| circFAF1      | F: CCAACGTGTTCTGCTCACAAATGC<br>R: GAGTCCTTTGTCAGATCCCAAGCC |
| circARPC2     | F: AACACCATCAACCTGATCCACACG<br>R: CGGTTCAGCACCTTGAGGAAGTC  |
| circABCC1     | F: TCATTGCAGGTCACCACGTACTTG<br>R: CTCTCCACGGCCACGATGTTG    |
| 18s rRNA      | F: ACCTGGTTGATCCTGCCAG<br>R: TCCAAGTAGGAGAGGAGCG           |

**RNA** sample preparation for high-throughput sequencing RNA samples collected from control and 50  $\mu$ M AST treat group were used for sequencing analysis, and take at least 1 × 10<sup>7</sup> cells from each group. Total RNA was extracted from each sample by Trizol reagent (Invitrogen, USA) according to the protocol of the manufacturer. For high-throughput sequencing, we synthesized the cDNA libraries of the circRNAs from each sample based on the Illumina standard protocols (Genergy Biotechnology, Shanghai, China). Briefly, the ribosomal RNAs were removed, and the linear RNAs were digested and removed with Rnase R, thus got the pure circRNAs. Transcriptome sequencing of RNA harvested from control and group cells was performed by Illumina HiSeq 2500. Primary sequencing data (raw reads) were

### Table 3 The significantly differentially expressed top 25 upregulated and top 25 downregulated circular RNAs

| CircRNA ID            | CircBase ID      |          | Gene      |
|-----------------------|------------------|----------|-----------|
| 6:116689320 116692392 | _                | 6.768184 | KPNA5     |
| 3:3137260 3144710     | _                | 6.303781 | TRNT1     |
| 13:95970112 95996135  | _                | 5.930737 | UGGT2     |
| 8:51860845 51861246   | hsa_circ_0001801 | 5.61471  | PCMTD1    |
| 7:32632543 32679130   | _                | 5.554589 | DPY19L1P1 |
| 12:69589485 69592159  | hsa_circ_0000418 | 5.357552 | CCT2      |
| 1:224952670 224974153 | hsa_circ_0016600 | 5.285402 | DNAH14    |
| 3:152455578 152456064 | _                | 4.954196 | MBNL1     |
| 15:49972582 49987549  | _                | 4.954196 | ATP8B4    |
| 15:28741110 28747875  | _                | 4.857981 | WHAMMP2   |
| 13:95757644 95763953  | _                | 4.754888 | DNAJC3    |
| 1:224952670 224968874 | hsa_circ_0016599 | 4.754888 | DNAH14    |
| 3:184886110 184900972 | hsa_circ_0068367 | 4.643856 | VPS8      |
| 1:220136809 220140289 | _                | 4.523562 | IARS2     |
| 1:92262863 92271652   | hsa_circ_0013148 | 4.523562 | GLMN      |
| X:97072941 97114965   | _                | 4.523562 | DIAPH2    |
| 12:56741435 56744123  | hsa_circ_0000409 | 4.523562 | PRIM1     |
| 5:139363759 139364743 | hsa_circ_0001538 | 4.523562 | PAIP2     |
| 1:96769703 96785254   | hsa_circ_0013252 | 4.392317 | PTBP2     |
| 2:61481185 61485962   | _                | 4.392317 | XPO1      |
| 6:131145285 131169273 | _                | 4.392317 | AKAP7     |
| 21:39215237 39218660  | _                | 4.392317 | BRWD1     |
| 4:169580842 169602678 | _                | 4.392317 | NEK1      |
| X:102839801 102865152 | _                | 4.392317 | LINC00630 |
| 2:174123180 174142000 | hsa_circ_0057129 | 4.247928 | OLA1      |
| 1:155675010 155679512 | hsa_circ_0003608 | -6.26679 | YY1AP1    |
| 1:144905091 144914754 | _                | -4.9542  | SRGAP2B   |
| 10:12081472 12091684  | hsa_circ_0003074 | -4.9542  | DHTKD1    |
| 1:227030408 227035607 | hsa_circ_0016738 | -4.85798 | CDC42BPA  |
| 9:271627 312166       | _                | -4.64386 | DOCK8     |
| 21:44077693 44080127  | hsa_circ_0003342 | -4.52356 | TRAPPC10  |
| 4:158825916 158835476 | hsa_circ_0006432 | -4.52356 | FNIP2     |
| 7:157358547 157367483 | hsa_circ_0083172 | -4.52356 | DNAJB6    |
| 17:42612075 42613073  | hsa_circ_0006710 | -4.52356 | TUBG1     |
| 2:9428765 9433960     | _                | -4.52356 | CPSF3     |
| 1:156324972 156334918 | hsa_circ_0005131 | -4.52356 | CCT3      |
| 4:47744402 47807047   | hsa_circ_0069643 | -4.39232 | CORIN     |
| 1:179120190 179121867 | hsa_circ_0015430 | -4.39232 | ABL2      |
| 16:81854444 81870935  | _                | -4.39232 | PLCG2     |
| 2:55349518 55388886   | _                | -4.39232 | CCDC88A   |
| 8:66890865 66905335   | _                | -4.24793 | MCMDC2    |
| 17:81613318 81629805  | hsa_circ_0046209 | -4.24793 | NPLOC4    |
| 1:50567077 50584811   |                  | -4.24793 | FAF1      |
| 8:38825308 38836287   | _                | -4.24793 | TACC1     |

| CircRNA ID            | CircBase ID      | Log₂FC   | Gene               |
|-----------------------|------------------|----------|--------------------|
| 2:218249364 218249921 | hsa_circ_0058218 | -4.24793 | ARPC2              |
| 1:197583152 197658369 | _                | -4.24793 | DENND1B            |
| 8:66793616 66822459   | _                | -4.24793 | SGK3, C8orf44-SGK3 |
| 16:16121975 16125911  | hsa_circ_0000678 | -4.24793 | ABCC1              |
| 14:50042275 50052904  |                  | -4.24793 | LINC01588          |
| 19:18134579 18135841  |                  | -4.24793 | MAST3              |

Table 3 The significantly differentially expressed top 25 upregulated and top 25 downregulated circular RNAs (Continued)

subjected to quality control to filter out low-quality reads. The expression levels of mapped genes were calculated by the reads per kilobase transcriptome per million mapped reads method to normalize gene expression levels. Transcripts that had a fold change > 2 and q-value < 0.05 were considered to be significantly differentially expressed.

#### Functional enrichment analysis

To demonstrate gene ontology or molecular pathway enrichment, we used the Database for Annotation, Visualization, and Integrated Discovery (DAVID) (http:// david.abcc.ncifcrf.gov/) to determine the most functional annotation and classification of significant differentially expressed circRNAs target genes. GO encompasses three domains: biological process, cellular component, and molecular function, and provides extensive annotation of genes and gene products (http://www.geneontology.org). In addition, the KEGG pathway (http://www.genome.ad. jp/kegg/) was used to annotate and classify the functions of the target genes of the differently expressed circRNAs in the pathways. The P-values denote the significance of GO term enrichment or the significance of the KEGG pathway correlation (P < 0.05 was considered to be statistically significant).

#### Differential expression analysis of circRNAs

The expression values of circRNAs in each sample were normalized using the Back Spliced Reads Per (BSRP) million mapped reads. BSRP is defined per million sequence number as the number of circRNA expression, of which the total number of aligned reads were used by normalized expression values, the number of sequences were used by the sequence number of circRNA backsplice regions, and the length of transcripts is the total length of the circRNA exon region. The sequencing data from the treatment group and the control group were analyzed and compared using DESEQ software. The log<sub>2</sub> (fold change) was used as the standard to sort and select the top 25 upregulated and top 25 downregulated circRNAs (Table 3) with the most significant differential expression between the two groups.

#### Target miRNA of circRNAs prediction

CircRNAs act as miRNA sponges and play a crucial role in the miRNA-mediated post-transcriptional gene regulation by binding to multiple miRNA recognition elements (MREs) and sequestering miRNAs. To investigate the functional annotation of identified circRNAs, we evaluated putative interactions between the miRNA sequences and the predicted circRNAs using the miRanda software. The top 50 putative target miRNAs based on the *P*-value sorting information were identified from the above analysis. A circRNA-miRNA network was generated to visualize the interactions.

#### siRNA transfection

The siRNAs targeting circRNAs (sequences were listed in supplementary material: Table S1) were designed and synthesized by GeenPharma (Shanghai, China). Inoculate the cells the day before transfection so that the density of the cells during transfection is 30%–50%. A RFect transfection reagent (Baidai, Changzhou, China) was used to transfect siRNAs into cells in accordance with the manufacturer's protocol. After 24 h of transfection, the medium was changed and added 50 µg/ml ox-LDL and 5 µM AST, and the cells were collected after 48 h of treatment.

#### Statistical analysis

In the circRNA-seq, the circRNAs expressed values of each sample were calculated using the Back Spliced Reads Per million mapped reads (BSRP). The differentially expressed circRNAs were selected with a log<sub>2</sub> (fold change)  $\geq 1.0$  and FDRs (false discovery rates)  $\leq 0.05$  with statistical significance. In the qRT-PCR analysis, expression levels were calculated by  $2^{-\triangle ct}$  and fold change was calculated by the  $2^{-\triangle ct}$  method. The statistical analysis was analyzed using GraphPad Prism version 5.0 (GraphPad Software, USA). Each value is shown as the mean  $\pm$  standard error of the mean (SEM). The data analysis was performed by Student's *t* test and *P* < 0.05 was considered statistically significant.

#### Abbreviations

circRNA: Circular RNA; AS: Atherosclerosis; LDL-C: Low-density lipoprotein cholesterol; HDL-C: High-density lipoprotein cholesterol; RCT: Reverse cholesterol transport; ABCA1: ATP-binding cassette transporter A1;

ABCG1: ATP-binding cassette transporter G1; SR-BI: Scavenger receptor class B type I; AST: Astaxanthin; THP-1: Human acute monocytic leukemia cell line; ox-LDL: Oxidized low-density lipoprotein; PMA: Phorbol-12-myristate-13-acetate; qRT-PCR: Real-time quantitative PCR; GO: Gene ontology; KEGG: Kyoto encyclopedia of genes and genomes; RT: Reverse transcription; SDS: Sodium dodecyl sulfate; PBS: Phosphate-buffered saline; BSRP: Back spliced reads per; MREs: MiRNA recognition elements; Rnase R: Ribonuclease R

#### **Supplementary Information**

The online version contains supplementary material available at https://doi. org/10.1186/s12263-021-00693-5.

Additional file 1: Supplementary Table S1. siRNA sequences of the 13 circRNAs. Supplementary Fig. S1. CircRNAs differentially expression pattern of the treat and control groups. The significant differentially expressed circRNAs between the two groups were illustrated in the volcano plot (A) and the scatter plot (B). The volcano plot showed the fold changes and P-values of circRNAs. The green and red blots of the scatter plot mean the significant DE-circRNAs. The black blots mean the non-significant DE-circRNAs. In the heat map (C), the color scale reflects the log<sub>2</sub> signal intensity and runs from blue (low intensity), to white (medium intensity), to red (strong intensity). Upregulated circRNAs are shown in red, and downregulated circRNAs are shown in blue. Supplementary Fig. S2. Significantly enriched GO histogram and dendrogram. GO analysis providing information concerning significantly enriched functions and the corresponding differentially expressed circRNAs covering 3 domains: biological process (BP), cellular component (CC) and molecular function (MF). According to the *P*-value  $\leq$  0.05 to filter the significant accumulation GO (A), the top 10 GOs are displayed under each GO category. The dendrogram (B) is CC, MF, BP from top to bottom, and the depth of the color indicates the degree of enrichment. The deeper the color, the higher the degree of enrichment. Supplementary Fig. S3. KEGG pathway histogram and scatter plot. (A) The histogram and (B) scatter plot showed the KEGG enriched analysis of circRNA-miRNA-mRNAs network of differentially expressed circRNAs. The top 20 significantly enriched pathway and their scores (negative logarithm of P-value) were listed as the x-axis and the y-axis, respectively.

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#### Authors' contributions

T.Z. and H.W. conceived and designed the experiments. J.L., Y.W., Y.L., Z.Z., and H.H. performed the experiments. P.Z. analyzed data. J.L. and T.Z. wrote the manuscript. J.L., P.Z., and T.Z. reviewed and edited the manuscript. The authors read and approved the final manuscript.

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#### Availability of data and materials

All data supporting the conclusions of this article are included within the articles and the supplementary materials.

#### Declarations

Ethics approval and consent to participate Not applicable

# Consent for publication

Not applicable

#### **Competing interests**

The authors declare no conflict of interest.

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